

# FLEXIBILITY EXERCISE #1

This exercise should be played twice: 1st time slur all the notes, 2nd time tongue each note, but keep a Legato style, i.e. no break between the notes - it should sound almost the same as slurring. It's marked *Pianissimo*, so play it softly, and try to get to *PP* if you can.

Some things to keep in mind:

- 1) Pay attention to the Metronome Mark - if you don't have a metronome, look at a clock or your watch, as 2 beats = 1 second. Try to do each line in 1 breath, it's only 14 seconds! Next up is to do lines 1 and 2 as quarter notes instead of half notes.
- 2) Take a break between lines! it's very important that you give your chops a chance to re-group between phrases, so take the horn off your face between exercises..
- 3) Use syllables (ahh - ooo - eee) to help change the pitch.

♩=120

1 10

2 19

3 21

24

4 26

29

5 33