

FLEXIBILITY EXERCISE #1

This exercise should be played twice: 1st time slur all the notes, 2nd time tongue each note, but keep a Legato style, i.e. no break between the notes - it should sound almost the same as slurring. It's marked *Pianissimo*, so play it softly, and try to get to *PP* if you can.

Some things to keep in mind:

- 1) Pay attention to the Metronome Mark - if you don't have a metronome, look at a clock or your watch, as 2 beats = 1 second. Try to do each line in 1 breath, it's only 14 seconds! Next up is to do lines 1 and 2 as quarter notes instead of half notes.
- 2) Take a break between lines! it's very important that you give your chops a chance to re-group between phrases, so take the horn off your face between exercises..
- 3) Use syllables (ahh - ooo - eee) to help change the pitch.

The musical score consists of seven lines of music, each starting with a measure number in a box. The tempo is marked as ♩=120. The first line starts with a dynamic marking of *p*. The second line also starts with *p*. The fifth line starts with a dynamic marking of *pp*. The music is written in treble clef and features a variety of note values, including half notes, quarter notes, and eighth notes, with frequent use of slurs and accidentals (sharps and flats).